

SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY (No School)	2 Egg Muffinwich Fresh Fruit	3 Whole Grain Pancakes Fresh Fruit	4 * PBJ & Banana Sandwich Fresh Fruit	5 MINIMUM DAY Swiss Cereal w/ Yogurt and Fresh Fruit	6
7	8 Bagel w/ Cream Cheese Fresh Fruit	9 Grilled Cheese Sandwich Fresh Fruit	10 Yogurt Granola Fresh Fruit	11 Cinnamon Pretzel Fresh Fruit	12 MINIMUM DAY Chocolate Banana Smoothie w/ Granola Fresh Fruit	13
14	15 Bagel w/ Cream Cheese Fresh Fruit	16 Egg Muffinwich Fresh Fruit	17 Whole Grain Pancakes Fresh Fruit	18 * PBJ & Banana Sandwich Fresh Fruit	19 MINIMUM DAY Swiss Cereal w/ Yogurt and Fresh Fruit	20
21	22 Bagel w/ Cream Cheese Fresh Fruit	23 Grilled Cheese Sandwich Fresh Fruit	24 Yogurt Granola Fresh Fruit	25 LOCAL HOLIDAY (No School)	26 MINIMUM DAY Chocolate Banana Smoothie w/ Granola Fresh Fruit	27
28	29 Bagel w/ Cream Cheese Fresh Fruit	30 Egg Muffinwich Fresh Fruit		<i>* Made with WOW Butter (Soy-based & Peanut-free)</i>	 Eat the Rainbow!	 Choose MyPlate .gov

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Menu subject to change without prior notice